It is okay to not be okay.
You are not alone.
It is okay to ask for help.
Help is near.
It is okay to help others.

May is Mental Health Awareness Month

Join the GREEN LIGHT CAMPAIGN by lighting your space or wearing green

May 4-10, 2020

Sponsored by:
Carbon Monroe Pike System of Care
And
Carbon Monroe Pike Mental Health and Developmental Services

1-800-338-6467
http://www.cmpmhds.org/

BREAK THE STIGMA!